MEDITATIONS

AND

PRAYERS

To be used Before, At, and After the Receiving of the

Holy SACRAMENT

OF THE

Lord's Supper.

by Elizabeth Percy.

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Meditations

ON THE

SACRAMENT.

UP, Oh my Soul, and be no longer buried in the pleasures of this vain World! Up, awake thou, rise thou, and lend thine Ear attentively to the holy voice of the well beloved Son of God, who summons thee to take place at his Feet, for to set thee at the Banquet of Eternal Life! Up, gather together all thy strength, and advance thy self towards this spring of Light, which enlightens all the Stars of Heaven, and all the parts of the Earth! This is the sole Power which carries thee for ever

into Heaven: He is the only Physician upon whom depend all our deliverances: He is the sole Author of Grace, which can preserve thee against Darkness, and against Hell. Up then my Soul, bowing thy self before him; fortifie thy Zeal upon thy God, who calleth thee for to participate of his great and divine Mystery which he hath instituted in his Church, which is the Sacrament of his Body, which we must partake of to have Life Eternal; the Sacrament of his Body, by which he unites himself to thee, for to carry thee into his Glory: By which he takes away, he abolishes, he blots out all; that there is no more sin in thee, no more of curse and death; and here replants his Grace, his Life, and his Felicity: all that he hath, all that he hath carried into Heaven, all the Grace which was infused into him, all the Treasure of his Merit which he hath gotten on the Cross, and a share of this is given unto thee by the

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Communion of this Sacrament of the Lords Supper, which is the Fountain of all Spiritual ſweetneſs, by which God nouriſhes us, the ſubſtance and preſerver of that Life that he hath given us in Baptiſm, and hath united us to him, making us, as St *Paul* ſays, *Fleſh of his Fleſh, and Bone of his Bone, and Members of his own Body.* But, my God, the times altogether are before thee; Remember thou not what is paſt, nor regard the future: Thou haſt an eye upon my Thoughts, thou art Judge of my Intentions, nothing is hid from thee, all things are naked and intirely known to thee: My Heart is cloſed in my Breaſt, but my Breaſt is more tranſparent than Glaſs before thine Eyes; and thou ſeeſt, O Lord, that the ſtrength of my Faith is almoſt all extinguiſhed, and that my Heart hath neither ſincerity nor uprightneſs, and that my Soul is more foul than the Duſt of which my Body is made. I cannot, great

God, approach to thy holy Table, because I am not in thy presence with a true sorrow, and an entire affection without hypocrisie, with a free and open heart confessing my shame, and acknowledging thy Glory. Lord, I am pressed with fear and astonishment; I fling my self at thy feet; I pour out in thy presence all my offences, which make pale my Face for fear of thy displeasure. I accuse my self, I blame my ingratitude, I know that I am the most base of all thy Creatures, a reproach to the Earth, and of that which the Heavens can cover the most vile and detestable. I have let my self to be carried away with the base intincements of the world; I am always backward to that which concerns the Glory of my Salvation. Lord, thou canst throw Lightning from Heaven, thou canst strike me with Thunder, but I am nothing: Thou art an all-powerful God to all Eternity, and I am a poor frail Creature,

but

but yet the work of thine hands: As thou art ſtrong in puniſhing, ſo thou art exceeding in thy mercy; deſtroy not then him, that is caſt down before. I am a great ſinner, but thou art yet more great in compaſſion to forgive. Thou haſt the life of a man in thine hand, it is thy Mouth which pronounces their abſolution; have pity on me, O God; by the great number of thy compaſſions, blot out the great number of mine iniquities, and ſave him by thy favour which otherways would be damned by thy juſtice: ſave him who is purchaſed by the blood of thy Son, who was ſhining with his Glory, but abas'd himſelf ſo much, as to take our nature upon him for to raiſe up us, the Mud and Corruption of the World, (Man being no better) to ſet him on the Throne of thy Greatneſs. Let, O Lord, my confeſſion and repentance be a ſweet ſmelling Sacrifice acceptable before thee; for I knock at the door of thy

mercy, and implore the merit of my Saviour for the pardon of those punishments, which are due unto my sins, and do thou soften the hardness of my heart which is in thy hand. Lord, thou hast already by violence brought thy people from the plagues of *Egypt*; thou hast divided the *Red-Sea*, and made a Rampier of Waters against the Waters, continue then thy goodness towards thine; deliver me, Lord, deliver me presently, for the Merit of thy Son, from the bondage of my vices, under the yoke of which I scarcely breathe. Thy succour I crave, O pour down upon me thy goodness, and spread upon my Soul the beams of the brightness of thy holy Spirit, to the end that I may mediate, and rightly comprehend, how the body of Jesus Christ my Saviour, given and broken for thy people, and his Blood shed on the Cross, is made mine by the Communion of his holy Sacrament. I cannot my self comprehend

hend this, but do thou raiſe me, from this miſerable Earth, to underſtand this high Myſtery. But, Lord, thou haſt ſounded the obſcurity, and canſt draw Light from it; thy Divine Eye enlightens the Darkneſs; touch my Spirit with Light, as thou didſt that of St *Paul*: Take me off from the Vanities of the World, and let me ſee clearly the ineſtimable glory, provided for thy elected ones in this Sacrament.

Morning Prayer before Church.

OH Thou Father of Mercy and God of all conſolations, from whoſe alone rich mercy and goodneſs 'tis that I am alive this hour to kneel before thee, and have leave to cry to thee for Pardon of my ſins, who have thus long, thus wickedly and daringly preſumed to rebel againſt thee. Lord, if thou ſhouldſt mark what

What I have done amiſs, I am not able to abide it: But thou, O Lord, haſt graciouſly promis'd that upon my return unto thee, thou wilt blot out my ſins, and remember them no more. Bleſſed Lord, I deſire earneſtly and heartily to return unto thee; Lord accept of me, and interpoſe the Merits of thy Son for me, ſo that in him I may appear a ſpotleſs Soul before thee. Bleſſed and ever bleſſed be thy Name, that by thy ſaving grace I now find my many and grievous ſins to be a weighty burthen upon me, too heavy for me to bear; Oh eaſe me of it for thy precious promiſe ſake in Chriſt, whom thou haſt freely given to bear the iniquities of us all, that I may yearn to thee by true repentance and amendment of my Evil ways, that ſo by this refreſhment of my Soul I may again hear the voice of joy and gladneſs, even that comfortable voice of thee, my ever bleſſed Saviour, *Be of good cheer, for thy ſins are forgiven thee.*

thee. Oh my Lord my God, I am yet deſolate of Comforts, and poor in ſpiritual refreſhments, and my ſad heart is grieved with mine iniquities. Oh when wilt thou come unto me by thy gracious and much-longed-for viſit of thy holy Spirit, that the bones which thou haſt broken may rejoyce? make haſte, O Lord, and help me, for I am ſunk in the deep mire of ſin, where no ſtay is, and there is none elſe to deliver me: Have mercy upon me, O Lord, have mercy on me, according to the multitude of thy tender mercies towards me, blot out all my offences. Holy Father, I willingly confeſs my ſelf to be a great and grievous Sinner: Lord, I am ready to ranſack the very ſecrets of my heart, that I may unboſom all my ſins unto thee; I moſt gladly confeſs them, and am grieved for them, I heartily repent for them; I deſire earneſtly, and reſolve faithfully to forſake them; I perfectly abhor them, and

utterly

utterly hate them: Lord, inasmuch as thou requirest not more of me, be now graciously pleased to accept of me, and cleanse the thoughts of my heart by the inspiration of thy holy spirit, that my Soul may be washed from the guilt of all my sins. And be pleased to give me a true faith and repentance, with devout humility and reverence; and enable me rightly to celebrate this holy Sacrament, with all fervent zeal and right attention, that no wandring thoughts may interrupt me in receiving these thy blessed Mysteries; but grant, that by the merit and power thereof, I, and all thy servants, may receive remission of our sins, and be filled with thy grace and heavenly benediction. Purge me, O Lord, from all hypocrisie or insincerity, and grant I may judge of my self as thou judgest of me. Oh warm and enliven these cold affections I have towards thee, and fit me for thy mercy by giving me a true, hearty, and

and deep repentance for all my ſins paſt; and, for the merit of thy dear Son's ſufferings, pardon all my iniquities; renew and purifie my heart, that it may become a new Creature, and I may utterly forſake all evil ways, by thought, word and deed, and make (though of my ſelf moſt unworthy) yet of thy mercy, an acceptable Gueſt at his holy Table, that I may not drink my own Condemnation, but may have my pardon ſealed, my weakneſs repaired, that I may overcome all Temptations of the Devil and my own Inclinations, and theſe Mercies I beg for the ſake of the Lord Jeſus Chriſt, and further call upon Thee in his Words,

OUr Father, which art in Heaven; Hallowed be thy Name. Thy Kingdom come. Thy will be done in Earth, as it is in Heaven. Give us this day our daily bread. And forgive us our Treſpaſſes, as we forgive them

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that Trespass against us. And lead us not into Temptation; But deliver us from Evil: For thine is the Kingdom, and the Power, and the Glory, For ever and ever. Amen.

Morning Prayer.

O Lord, I confess, I know not what to pray for as I ought; Let, I beseech thee, thy Holy Spirit help my Infirmities; and enable me, O Lord, to offer up my spiritual Sacrifices acceptable in thy sight, through the Merits of Jesus Christ. O Most Gracious God, I, thine unworthy Servant, do here acknowledge my self unfit to lift up my Face to Thee; for my Iniquities are increased over my head, and my sins are even become habitual to me; and to this frequency I have added both greediness and obstinacy in sinning; nay, O Lord, even my Repentance may be numbred amongst the greatest of my Sins; which for the most part

part hath been ſo ſlight and ineffectual, that it hath brought forth no fruit in amendment of Life. But I have added the breach of Reſolution to my former guilts, and have been often angry, and indevout and irreligious, and ſoon weary of well-doing: And, O Lord, my very ſecret ſins are innumerable, that I have willingly committed; ſins that I noted not, ſins that I acted upon wilful ignorance, and voluntary ſins, that a deligent and watchful ſpirit might have prevented. But I am ſo vile, that I cannot expreſs it; ſo ſinful, that I am hateful to my ſelf, much more abominable muſt I needs be in thy ſight; for my ſins are intolerable, and my omiſſions innumerable; and now, O Lord, what can I expect from thee, but Judgment? For that is indeed the due reward for my ſins: But thou, O Lord, art full of Mercy and Compaſſion, whom I beſeech to look down upon me with the Eye of Mercy, and for the ſake

of

of Jesus fit me for thy acceptance, by giving me a hearty and deep repentance for all my sins past; and grant, that I may from this moment become a new Creature, utterly forsaking every evil way; that I may not, O God, perish in my sins, nor be consumed in thy heavy displeasure; but give me, I beseech thee, time and space to repent, and give me power by thy Grace, and aid by thy Spirit, that as by thy gift and mercy I intend to amend in whatsoever is amiss, so I may indeed have grace and power, faithfully to fulfil the same. Inspire me, O God, with the spirit of Courage and Mortification, that I may ever fight against my sins, till I be more than Conqueror. Support me with a holy Hope, and confirm me with an unreproveable Faith, and give me grace to take delight in approaching to take thy holy Sacrament; and therein enliven this my drowsie and earthly Heart, that I may with all reverence freely and faith-

faithfully call upon thee with ſuch a fixedneſs of mind, and right attention, as no wandring thoughts may interrupt me; that I may no more incur the guilt of drawing near thee with my lips, when my heart is far from thee: Nor let, O Lord, my prayers be turned into ſin, but graciouſly enable me ſo to ask, as I may receive; ſeek, that I may find, knock, that it may be opened unto me: And whatſoever Afflictions thou art pleaſed to lay upon me, give me Grace patiently to bear them like a Chriſtian, truly ſubmitting to thy bleſſed Will and Pleaſure; and ſuffer me not, O Lord, to have an unconſtant mind, nor a wandring heart, nor ambitious deſires after vain-glory, nor my ſenſe obſtinate; but let me delight in excerciſing my ſelf in the works of mercy and godly converſation, to inſtruct them which go aſtray, to help the Afflicted, to cheriſh the Poor, to comfort the Sorrowful, relieve the Oppreſſed, feed

the Hungry, love them that hate me, to render good for evil, to despise none, but imitate the good and virtuous, to shun the company of the wicked, and to flee all sin. In all adversities, in all prosperity let me be humble, never fond of earthly, but ever coveting after heavenly things, make, I beseech thee, a large distance betwixt me and sloth and idleness; and teach me, O Lord, to number my days, that I may in time of health serve thee so faithfully, that on the Bed of sickness I may be so comforted by thee, that I may never despair in the day of my death. O Lord, maintain thy true Religion and Vertue in my heart, and in all thy faithful servants; and have Mercy I beseech thee, on all the Souls thou hast appointed to die, and comfort them that are in Afflictions; heal the Sick, relieve the Needy, and administer to every Christian according to their several Necessities. And let, O God, thy

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Blessings rest upon all that are near and dear unto me; I besech thee to have Mercy upon them and me, and pardon and forgive unto us all the sins which we have committed against thee, by thought, word and deed. Work in us, Father, a serious Repentance, that we may unfeignedly lament from the bottom of our hearts all our sins past; and enable us, I beseech thee, to resist all filthy sins for the time to come: Direct our Actions, sanctifie our hearts and minds, and let thy holy Angels guard our Persons, thy holy Spirit guide our Souls into thy right Paths. Bless us, I beseech thee, with Life and Health, and prosper us in all our Undertakings. Keep us, O Lord, from sudden Death; and as it shall please thee to add more days unto our lives, so I beseech thee for an amendment of our Lives and Conversations, by setting our hearts and thoughts on Heaven and heavenly things. Make us, O God, ever mind-

full of our last end, that we may so prepare for it, that when it comes, our blessed change may be to dwell with thee in Life Everlasting. Pardon, O God, the wandring and coldness of these my humble Petitions, and deal with me not according to my weak Prayers, but according to my great Needs, and thy rich Mercy; and all for Jesus Christ his sake, who hath taught us to say,

Our Father which art, &c.

PRAYERS

To be used at the

Holy SACRAMENT.

Coming into the Church, at your first kneeling down, say,

O Lord, I am not fit nor worthy Thou shouldest come under that filthy Roof of the House of my

my Soul, becauſe it is wholly deſolate and ruinous; neither haſt Thou with me a fit place to lay thy Head; but as thou didſt vouchſafe to be laid in the Stable, and Manger of unreaſonable Beaſts, as thou didſt not diſdain to be entertained in the Houſe of *Simon* the *Leper*, as thou didſt not reject the Harlot coming to thee, not yet the Thief on the Croſs confeſſing thee, even ſo vouchſafe to admit me alſo, a miſerable and out of meaſure ſinful Creature, to the receiving of the moſt pure and ſaving Myſteries of thy holy Body, and precious Blood. And the Lord pardon every one that prepareth his Heart to ſeek the Lord God of his Fathers, though he be not cleanſed according to the Purification of the Sanctuary. O my God, I know my own unworthineſs, yet in the multitude of thy Mercies I humbly approach thine Altar, beſeeching thee not to behold me with a ſevere, but gracious Eye: Thou knoweſt the earneſt deſire of my Soul, be

thou pleased to pass by the weakness of the Flesh, (and grant that I may receive this Sacrament to the Honour and Glory of thy great Name) and assist me with thy most Holy Spirit, for the good, comfort, and salvation of my own Soul. Grant this, Holy Father, for the sake of thy blessed Son my only Saviour, in whose Name and Words I beg this Mercy, and what else thou knowest needful for me.

OUr Father, which art in Heaven; Hallowed be thy Name. Thy Kingdom come. Thy will be done in Earth, as it is in Heaven. Give us this day our daily bread. And forgive us our Trespasses, as we forgive them that Trespass against us. And lead us not into Temptation; But deliver us from Evil: For thine is the Kingdom, And the Power, And the Glory, For ever and ever. Amen.

A Confession to be used before the Sacrament.

O Almighty God, I thy poor sinful Creature, full of Anguish and Confusion for my offences against thy Majesty, do make bold to come to thee, because thou art the Father of our Lord Christ, and for his sake inclinable to shew us Mercy; Thou art the Maker of me and of all things, and thou hatest nothing that thou hast made, thou hast pity on all the works of thine hands, so that I am encouraged to make my Supplications unto thee, O thou Judge of all Men, for it is in thy power for ever to acquit or condemn me, I tremble and am amazed to be found a sinner against so infinite power and goodness; but I must not add Hypocrisie to my Disobedience; therefore I acknowledge freely, and bewail most bitterly my manifold of-

fences of all kinds, from the leaſt of my Sins to the greateſt of my Crimes and Wickedneſſes, all and every one of which, I long and frequently from time to time, with many provoking aggravations, moſt grievouſly have committed ; Lord, I cannot tell how oft I have offended by thoughts, in vain and evil imaginations ; by words, in falſe and uncharitable ſpeeches ; in deeds, by ungodly intemperate actions ; for alas ! By all and every one of theſe ways, I have daily ſinned againſt thy Divine Majeſty, turning thereby thy loving kindneſs into diſpleaſure, and provoking thee to anger, I have given thee cauſe moſt juſtly to let looſe thy wrath and indignation againſt me ; my guilt is evident, my danger apparent, and my eſtate is moſt deſperate and deplorable ; wherefore I do moſt paſſionately and earneſtly Repent, that ever I did commit them, and am heartily ſorry with all my Soul, for theſe my ſo many, and ſo abominable

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misdoings; when I look upon the baseness and the presumption of these vile offences, the remembrance of them doth pierce my Heart with shame and sorrow, and is most grievous unto me; I behold thy favour, which I have forfeited; and eternal damnation which I have deserved thereby, the burthen of them presseth down my Soul with a load of terrour and amazement that is intollerable; yet since thou calleſt all who are heavy laden, I must not despair of thy pity; but in this great distress I do beseech thee, to have Mercy upon me; and since my necessity forceth me to be importunate, I will cry again, Have Mercy upon me; I know, that thou art a most Merciful Father, tho by my sins I am most unworthy to be called thy Child; yet I hope thy bowels will yearn upon me; I lie prostrate and helpless, begging of thee, for thy dearly beloved Son, our Lord Jesus Christ his sake, and by the merits of his Cross and Passion, to forgive

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me freely and fully all that is past, from the beginning of my life till this very moment. Lord, make me an instance of thy mercy, and grant when I have received so excellent, and so undeserved a favour, that I may be so engaged, as that for ever hereafter I may beware of falling back into the like Sin and Misery; convert me, I beseech thee, as well as pardon me, and inable me most obediently to serve, and most intirely to please thee, by spending the rest of my Life in newness of life, and all holy conversation, which through the help of thy Grace, I do here vow and resolve upon, that this mighty change may tend to the honour and Glory of thy Name, who hast so wonderfully delivered me; all which I most heartily beg, through Jesus Christ our Lord, to whose intercession for me do thou say, *Amen*; And it shall be according to thy Word, *Amen*.

A LITANY

Before the Communion, for the pardon of Sins.

O God the Father of Mercies, the Father of our Lord Jesus Christ, have Mercy upon thy Servant, and hear the Prayers of me a miserable Sinner.

O blessed Jesus, the Fountain of Peace and Pardon, our Wisdom, our Righteousness, and our Sanctification, have Merey upon thy Servant; refuse not to hear the Prayers of thy sorrowful returning Sinner, who flees to thee for Mercy.

Oh Holy and Divinest Spirit of the Father, help my Infirmities; for of my self I know not what to ask, nor how to pray; but do thou assist in the desires of me a miserable Sinner:

ner : Remember not, Lord, the offences of my Childhood, nor the Vanities of my Youth, nor the Wildness of my Head, nor the wandring of my heart, the infinite sins of my Tongue, and the inexcusable errors of the days of my whole life :

Lord have mercy upon me, and pardon all my offences.

Remember not, O Lord, the growing iniquities of my younger Age, the pride of spirit, the mis-usage of thy Bounty by peevishness, nor the violence of all my passions and affections :

But have mercy upon me, O Lord, and pardon my sins.

Remember not, O Lord, how I have been full of Malice, Envy, Anger, or Revenge, fierce and earnest in the pursuit of the Vanities of the World ; but lazy, dull, slow, and soon weary in the things of God and Religion.

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The good Lord have mercy upon me, and blot out all my Tranſgreſſions.

Remember not, O God, any uncharitable behaviour towards thoſe with whom I have been concerned, either by jealouſies or ſuſpicions, or evil ſurmizings, or miſreporting, breach of promiſe towards God or Men.

But be merciful to me, O Lord, and pardon mine offences.

O moſt gracious Lord, enter not into Judgment with thy Servant, leſt I be conſumed and brought to nothing in thy wrath and juſt diſpleaſure:

From which, good Lord deliver and preſerve thy Servant for ever.

Deliver me, O Lord, Jeſus, from groſs Ignorance and ſtupid Negligence, from a wandring and travelling ſpirit, from the Violence and

Rule

Rule of Passion, from all Intemperance or Irregularity whatsoever,

Good Lord deliver the Soul of thy Servant for ever.

From a Covetous Mind, or greedy desires, vain and unprofitable Thoughts, from Pride and ignorant Confidence, from Envy or the Spirit of Slander, from presumption or Despair, from sinful Actions, and all vitious Habits,

Good Lord deliver me, *&c.*

From Fierceness of Rage, and hastiness of Spirit; from reproachful Language, or peevish Anger, or contentious inhuman Malice, or indiscreet Zeal or Scorn, Oppression and Cruelty; from an unrelenting Spirit, or churlish Behaviour,

Good Lord deliver me.

From delaying Repentance, and persevering in Sin; from unprofitable living, or unthankfulness for the

the hourly Mercies that we receive; from the Malice and Craftineſs of the Devil, with the Deceit and Lying of the World;

Good Lord, deliver and preſerve the Soul of thy Servant.

From condemning others, and juſtifying our ſelves; from miſ-pending our time, and abuſing thy Grace; from conſenting to folly, or provoking others to do evil by ill example;

Good Lord, *&c.*

From an evil and cauterized Conſcience; from ſinning near the end of our Life, and from deſpairing in the day of our Death, or being tempted in the time of our Weakneſs,

Good Lord, deliver and preſerve the Soul of thy Servant.

Hear my Prayer, O Lord, and conſider my Deſires: Hearken unto me for thy Truth and Righteouſneſs ſake.

ſake: Oh hide not thy Face from my cry, neither caſt away thy ſervant in diſpleaſure; but give unto me an unreproveable Faith, a juſt and humble Hope, and a never-failing Charity.

Hear my Prayers, O Lord, and grant my earneſt Requeſt, for Jeſus ſake.

Give, I pray thee, unto me ſpiritual Wiſdom, that I may diſcern what is moſt pleaſing to thee, by following what belongs unto my Eternal Peace: Oh let the knowledge and love of God and of Jeſus Chriſt, O Lord, be my Guide and Portion all my days.

Hear my Prayers, O Lord, *&c.*

Give unto me a holy Diſpoſition, and an active Induſtry in thy ſervice, that I may redeem the time miſſpent in vanity: For thy pity ſake, take no vengeance on me for my Sins; but ſanctify my Soul and Body

dy in this Life, and glorify them hereafter.

Hear my Prayers, O Lord, *&c.*

Oh teach me to despise all Vanity; to fight the Battles of the Lord stedfastly against the World, the Flesh and the Devil; to spend my time religiously and usefully; to speak gracious Words; to walk always as in thy presence; to preserve my Soul and Body in Holiness, fit for the Habitation of thy holy Spirit, O God, *&c.*

Hear my Prayers, O Lord, *&c.*

Give me, I humbly pray thee, an holy and perfect Repentance, a well instructed understanding, regular Affections, a constant and wise Heart, a good Name, a fear of thy Majesty, a love of thy Glory above all the things in the World for ever, *&c.*

Hear my Prayers, O Lord, *&c.*

Give me a spiritual Wisdom, that I may discern what is most pleasing

unto thee, and how to follow that which belongs to my everlasting Peace; and let the knowledge and love of God, and of Jesus Christ our Lord, be my Guide and my Portion all my Life.

Hear my Prayers, O Lord.

Preparatory Prayers.

GIve ear to my words, O Lord, consider my Meditations, hearken to the voice of my cry, my King and my God, for unto thee will I pray, *&c.*

Thou that hearest Prayers, unto thee shall all flesh come.

Let not my Lord be angry, if, I, who am but dust and ashes, presume to approach and speak unto thee.

Oh thou that art easie to be intreated, and rejoycest in doing good, bow down thy gentle Ear and hear me, and have mercy upon me; raise up my soul, and sanctifie my heart, and

and Lips, that I may ask thoſe things which are moſt agreeable to thy holy Will.

Let the words of my mouth, and the meditations of my heart be acceptable in thy ſight, O Lord, my Strength and my Redeemer, *Pſa.* 16. 9, 14.

Hear my Prayers, O Lord, hearken to the voice of my ſupplication when I cry unto thee, when I lift up my hands toward the Mercy-ſeat of thy holy Temple, *Pſa.* 27. 8.

Oh holy Lord God, whoſe pure Eyes cannot behold Iniquity, I, the unworthieſt of thine own Children, caſt my ſelf down before the footſtool of thy Throne of Grace, humbly beſeeching thee to ſtretch forth thy Golden Scepter of peace, that I may touch it and not die, but live to praiſe thy mercies; who deſireſt not the death of a Sinner, but rather that he ſhould turn from his wickedneſs and live.

Turn thou me, O Lord my God, turn me from all my Transgressions, and let not Iniquity be my ruine.

Open thou mine Eyes, and awaken my dull and stony Heart, that I may see and truly understand the vileness and misery of my sinful state, that I may hate, and abhor, and forsake all my evil ways, turning to thee with all my Heart, and all my Strength. Give me that Godly sorrow which worketh true repentance. Forgive and put away all my Sins and Offences: Nail them to the Cross of Jesus Christ; bury them in his Grave, that they never rise up in Judgment against me. Receive me, O my Father, and be reconciled unto me, in the Mercy and Merits of thy dear Son; for his sake restore me again to thy Grace and Favour, and let the light of thy well pleased Countenance establish me with thy free Spirit. *Amen, Amen.*

Before the Sacrament.

ALmighty God, who of thy tender mercy didſt give thy only Son Jeſus Chriſt to ſuffer death upon the Croſs for our Redemption: And didſt inſtitute, and in thy holy Goſpel command us to continue a perpetual memory of that his precious death until his coming again; Hear me, merciful Saviour, I moſt humbly beſeech thee, and make my groanings and deſires after this holy Sacrament anſwerable to my needs of it. But, O Lord how ſhall ſuch a Wretch as I dare to approach thy holy Table; How ſhall I preſume to take the Childrens Bread, who am as a Vile Dog in thy ſight? I have often trampled theſe precious things under foot, either careleſly neglecting, or unworthily receiving theſe holy Myſteries. O Lord, my horrible guiltineſs makes me tremble to come, and yet makes me not dare

to ſtay away: for where ſhall this polluted Soul be waſhed but in the Fountain opened for Sin and for Uncleanneſs? Hither then I come, and thou haſt promis'd him that cometh to thee, thou wilt in no wiſe caſt out. Grant me therefore, gracious Lord, ſo to eat the Fleſh of thy dear Son Jeſus Chriſt, and to drink his Blood, that my ſinful Body may be made clean by his body, and my Soul waſhed through his precious Blood. *Amen.*

I will not preſume to come to thy Table, O merciful Lord, truſting in my own Righteouſneſs, but in thy manifold and great mercies declared unto Mankind, in our Lord Jeſus Chriſt; for whoſe ſake give me, I pray thee, ſuch a preparation of Soul, as may qualifie me for a worthy approach thereunto. To this end make me heartily ſenſible of my ſins and unworthineſs: Raiſe up my dull and earthly Mind from grovelling here be-

below, and alſo inſpire it with a holy Zeal to ſeek thoſe things that are above. Let that infinite love of Chriſt in dying for ſo wicked a Creature inflame my Soul, and kindle in me that ſacred Fire of love to him again, and unto all thoſe whom he hath given me a command and an example to love, Enemies as well as Friends, and that for his ſake. Cloath me, O Lord, in the wedding-garment, and make me, though of my ſelf a moſt unworthy, yet by thy Mercies an acceptable Gueſt at thy Table, that I may not eat my own Damnation, but Salvation, through Jeſus Chriſt our Lord. *Amen.*

I ſaid, I will take heed to my ways, that I offend not with my Tongue. O God, who knoweſt us to be ſet in the midſt of ſo many and great dangers, that by reaſon of the frailty of our Nature, we cannot always ſtand upright, grant to me ſuch Strength and Protection, as

may ſupport me in all dangers, and carry me through all Temptations, through Jeſus Chriſt our Lord. *Amen.*

Before the Sacrament.

O God, to whom Vengeance belongeth; O God, to whom Vengeance belongeth, ſhew thy ſelf, but let it be in pity and compaſſion to thy wretched and unworthy Servant, who in all humility confeſs my ſelf a wicked and a ſinful Creature: I acknowledge thoſe ſins, which if I would I cannot hide from thee; my ſins of Pride and Vainglory, of Hatred and Envy, of Gluttony and Wantonneſs: I accuſe my ſelf of my wicked deſires and thoughts which I have conceived, my wanton and evil words which I have ſpoken, of my naughty and ungodly deeds which I have committed; I acknowledge and bewail theſe my manifold ſins and wickedneſſes,

neſſes, which I from time to time moſt grievouſly have committed by thought, word, and deed, againſt thy Divine Majeſty, provoking moſt juſtly thy wrath and indignation againſt me: I do earneſtly repent, and am heartily ſorry for theſe my miſdoings, the remembrance of them is grievous unto me, the burthen of them is intolerable: Have mercy upon me, moſt merciful Father, for thy Son Jeſus Chriſt's ſake forgive all that is paſt; and grant that I may hereafter ſerve and pleaſe thee, to the Honor and Glory of thy Name, through Jeſus Chriſt our Lord. *Amen.*

FOrgive me my ſins, O Lord, forgive me my ſins of mine Age, and the ſins of my Youth, the ſins of my Soul, and the ſins of my Body; my ſecret and my whiſpering ſins; the ſins that I have done to pleaſe my ſelf, and the ſins I have done to pleaſe others: Forgive my

wanton

Wanton and Idle ſins, forgive me my ſerious and deliberate ſins, the ſins that I have laboured ſo long to hide from others, that now I have even hid them from my own memory; forgive me them all, O Lord: of thy great mercies let me be abſolved from all my offences, and of thy bountiful goodneſs let me be delivered from the bands of thoſe ſins, which by my frailty I have committed. Grant this, O Heavenly Father, for Jeſus Chriſt his ſake, our bleſſed Lord and Saviour. *Amen.*

Prayers to be ſaid before the Receiving of the Holy Sacrament.

O Bleſſed Jeſus, who didſt take upon thee our Nature, and didſt ſuffer death upon the Croſs for our ſins and redemption; and has commanded me to celebrate the memory of this thy precious death till

thy

thy coming again; Oh let not the inestimable benefit of it be frustrated by my manifold and grievous sins, but inspire my Soul with those Graces to receive them tendered unto me in this Blessed Sacrament. Oh let the pitifulness of thy great Mercy loose me from the Chains of those sins, wherewith I am tied and bound: that being thus set at liberty, I may here with chearfulness run the ways of thy Commandments, and hereafter enter into thy Joy, O blessed Saviour and Redeemer. *Amen.*

O Lord, who hast promised that if I open my mouth wide thou wilt fill it; I pray thee to open it; and not my mouth only, but my heart also. O create in thy Servant a great hunger and thirst after the things of thy Kingdom, and the Righteousness of it, after all the holy Graces, and all the holy means of Grace, that I may long for the Bread

of

of Heaven, thirſt after the Fountain of Salvation; and as the Heart panteth after the Water-brooks, ſo my Soul may deſire thee, O Lord. Oh kindle ſuch an holy flame in my Soul that it may conſume all my ſins, and curſed affections, that I may never again defile the place which thou haſt choſen for thy Temple. Thou diedſt, O dear Jeſu, to redeem me from Iniquity; Oh let me not ſell my ſelf again to work wickedneſs. I am a Sinner, a grievous one, not worthy to look up to Heaven; but be thou pleaſed to look down into the duſt, and lift up a Sinner from the dunghil: Let me not periſh in my folly, or be conſumed in thy heavy diſpleaſure. Give me time and ſpace to repent; and give me power of Grace, that as by thy holy Inſpirations I do ſincerely and fixedly reſolve on an intire Reformation, ſo by thy merciful guidance I may faithfully perform the ſame. *Amen.*

O Thou

O Thou great Physician of Souls, heal me of those many and foul Diseases which my Soul groans under: Grant that I may now so touch thee, that every one of those loathsom Issues may immediately stench, that these sicknesses may not be unto death, but to the glory of thy Mercy, in pardoning to the glory of thy Grace, in purifying so polluted a Wretch. O Christ, hear me; Inspire me with a holy Zeal to mortifie my sins: Support me with a firm well-grounded Hope: Confirm me with an excellent and unreproveable Faith; and kindle in me a never-failing Charity. Let me judge myself, that I be not judged by thee; condemn my self, that I be not condemned by thee with the World; but receiving this holy Sacrament with a penitent Heart, and lively Faith, I may partake of the great Benefits of it, I may be one with Christ, and Christ with me; and grant this for his Bowels and Compassion sake. *Amen.* Al-

ALmighty Lord, who haſt of thy infinite Mercies vouchſafed to ordain this Sacrament for a perpetual memory of that bleſſed Sacrifice which once thou madeſt for us upon the Croſs; Grant me with ſuch diligent Remembrance, and ſuch due Reverence, to participate of this ſo holy and ſo wonderful a Myſtery, that I may be made worthy by thy Grace to obtain the Vertue and Fruit of the ſame, with all the benefits of thy precious Death and Paſſion, and the Fulneſs of all thy Graces; which I beg for the ſake of thy only Son, and my Saviour, God from everlaſting, and World without end. *Amen.*

A Prayer after the Sacrament, or during the Receiving it by others.

O Lord, our Heavenly Father, High and Almighty Everlaſting

lasting God, Regard, we beseech thee, the Devotions of thy humble Seavants who do now celebrate the Memorial which thy Son and our Saviour hath commanded to be made, in remembrance of his blessed Passion and Sacrifice; that by the Merits and Powers thereof now represented before thy Divine Majesty, we and all thy whole Church, may be made Partakers of all other the Benefits of his most precious Death and Resurrection from the Earth, and glorious Ascention into Heaven, who liveth and reigneth with thee and the holy Spirit, ever one God, World without end. *Amen.*

The Address.

HOly God, thou mightest justly wonder to see such a grievous Sinner daring to come so near; but I do not impudently rush upon these dreadful Mysteries; nor do I presume to come to this thy Table, where

where Angels do attend, as if I deſerved this honor, O merciful Lord God. I do not approach truſting in my own Righteouſneſs; for alas! I have done nothing which can bear that name: But that which drew me hither, was my Confidence in thy manifold and great mercies, which exceeds my manifold and great offences. And now that I am before thee, I muſt ſtill confeſs whatever Favours thy Goodneſs heaps upon me, that I am not worthy by reaſon of my ſinfulneſs and backſlidings, ſo much as with the Dogs to gather up the Crums that fall under thy Table; nor fit to receive the leaſt mercies, or meaſure of Grace from thee; much leſs to ſit as a Gueſt before thy Majeſty, at this heavenly Feaſt; but yet I make bold to do this, becauſe thou art not to be changed by our ſins, being the ſame Lord, whoſe Property is to be unwearied in well-doing, and never wanting in Mercy; Thou art wont alway to have

Mercy

Mercy on thoſe who confeſs their offences; Grant unto me, gracious Lord, by the preſent aſſiſtance of thy Holy Spirit, ſo to eat the Fleſh of thy dear Son Jeſus Chriſt ſpiritually in this Sacrament, and ſo to drink his Blood, as that I may receive all the benefit of his Croſs and Paſſion, even that my ſinful and defiled Body may be made clean by his holy and immaculate Body; and my Soul, which is polluted in every faculty, waſhed through with his moſt precious Blood, which taketh away the ſins of the World. Let me be ſo wholly purified, that I may now begin to be unſeparably united to Jeſus; and that I, by Faith, may evermore dwell in him, and abide in his love, and he again by his ſpirit may dwell in me always. *Amen.*

A Prayer for Purity.

O Almighty God, whose Power is terrible to all those that approach thee with polluted Souls, because thou art the Majesty unto whom the Thoughts and Imaginations of all Hearts are opened and apparent, all Desires and Wishes after any Evil are known and evident, and the God from whom no Secrets in Word or Deed are hid, or by any policy can be concealed; the remembrance of my impurity makes me fear to draw near to thee, till I have implored thee, who alone art able to keep me, to cleanse and purge out all the Evils which are so commonly the Guests of my heart, lest they provoke thy pure Eyes to pass me by with this abhorrence, and deprive

prive me of my comfort, and benefit of this Communion. Bleſſed Lord prepare thy Lodgings in my Soul by the Inſpiration of thoſe pure Thoughts, and Heavenly Deſires, which are the Fruits of thy Holy Spirit, and the Harbingers of the King of Glory; that I may, as it is my own unfeigned deſire at all times, and above all things, moſt ſincerely and perfectly love thee, and not ſuffer any ſecret ſin to be thy Rival in my Heart; and that I may alſo, eſpecially in this Sacrifice of Praiſe, worthily magnifie, and agreeably ſet forth the Glory of thy holy Name, in giving ſo illuſtrious a Salvation to us through Jeſus Chriſt, for whoſe ſake I beſeech thee to hear me: for he is thy Son, and ſhall be my Lord for ever. *Amen, Amen.*

A Meditation at the Offering.

O Lord, I give thee a ſmall part of thine own, who haſt given me all my earthly Comforts; yea, thy own Son out of thy Boſom, to become my Salvation. O that I could give a thouſand times more! thy love deſerves it : For this I give not (alas !) as a requital of thy favour, but a teſtimony how much I owe unto thee. My Charity cannot extend to thee, who needeſt nothing; only, holy Jeſus, I do gladly embrace my poor Brethren, and thy Friends, whoſe Souls thou haſt purchaſed with thy deareſt Blood, and made them Heirs with me of the ſame Salvation. I rejoyce that thou accepteſt ſo ſmall a matter to them, as done

to

to thy ſelf: Behold therefore a Soul' I beſeech thee, ſo ſick and leprous, poor and naked, that it needs thy mercy more than the moſt miſerable Creature in the World my Charity: How many and how earneſt Prayers do I need? could I engage all the poor on Earth, whoſe Prayers ſooneſt pierce the Clouds, I need all this, and as much more, to make way for mine acceptance: But, O my Saviour, this is a day in which thou ſcattereſt thy Bounties; wherefore remember thou my Soul which is undone without thy pity; and ſince thy Mercies are infinitely greater than ours, Lord, do not paſs me by, far be it from me to think ſo meanly of thy love, as to eſteem mine Alms the purchaſe of it: No, no, I do only by this ſmall Token give thee Livery and Seiſin of me and mine; and having vowed to purchaſe a more glorious Intereſt, and to ſeek thy Kingdom, I do renounce the Riches of the World. O happy ex-

change, and admirable way of gain! But ſo thou art wont to deal with us, O God, to accept Trifles from us, and give Glories to us, great, endleſs, and inexpreſſible. I adore thee, O my Lord, and love thee; and becauſe there is no Earthly Gift that can bear proportion with ſuch unſpeakable Goodneſs, I will give my Soul alſo, and it ſhall be thine for ever. *Amen.*

Juſt after the Prayer of Conſecration, ſay,

AMen, Lord, it is done as thou haſt commanded, and I doubt not but the Myſtery is rightly accompliſhed: I am perſuaded here is that my Soul longeth for, a Crucified Saviour, communicating himſelf to poor penitent Sinners. O let me but be reckoned amongſt that number, and then I ſhall aſſuredly receive the holy Jeſus. *Amen.*

Lord,

LOrd, Thou haſt ſet open this Fountain, and wilt thou ſuffer a wretched Creature to die for thirſt in thy Preſence? Haſt thou prepared ſuch a Balm to heal me, and ſhall I languiſh here before thee? I know, if thou wilt thou canſt make me clean; here is the very inſtrument in thy Hand; Grant me therefore, Holy Jeſus, that I may rightly apply it, and duly uſe it, and it ſhall prepare me for thee, and unite me to thee with ſuch inſeparable Bonds as can never break, unleſs Eternity have an end. Bleſſed are they that ſo eat thy Fleſh, and ſo drink thy Blood as thou requireſt, and ſo as thy Saints of old have done; for they have been cleanſed at this Fountain, and here their Union with thee firſt began: O happy Seaſon, excellent Opportunity! Lord, let me do it well this once, and I am thine for ever. *Amen.*

A Prayer before the Sacrament.

O Thou Shepherd of *Israel*, thou that feedeſt us as Sheep, thou makeſt us to lie down in pleaſant Paſtures, and leadeſt us by the ſtill Waters running from the Clifts of the Rock, from the Wounds of our Lord, from the Fountain of Salvation; Thou prepareſt a Table for us, and anointeſt our Heads with the Unction from above, and our Cup runneth over: Let the Blood of thy Wounds and the Water of thy ſide, waſh me clean, that I may, with a pure Soul, come to eat of the pureſt Sacrifice, the Lamb ſlain from the beginning of the World. Thou giveſt thy ſelf to be the Food of our Souls in the Wonders of the Sacrament, in the

Faith

Faith of thy Word, in the Bleſſings and the Graces of thy Spirit: Perform that in thy Servant which thou haſt prepared and effected in thy Son: Strengthen my Infirmities, heal my Sickneſſes, give me ſtrength to ſubdue my Paſſions, to mortifie my Corruptions, to kill all my Sins; increaſe thy Grace in my Soul, kindle a fervent Devotion in me, extinguiſh all the Fires of Hell, Pride, Vanity, Envy, and all my Spiritual Wickedneſſes. Pardon all my Sins, and fill me with thy Spirit, that with thy Spirit thou mayeſt dwell with me, and by obedience and love I may dwell with thee, and live in the life of Grace, till it paſs on to that of Glory, by the power of thy Bleſſings, by the Paſſion and Interceſſions of thy Word incarnate, whom I adore, and whom I love, and whom I will by thy Grace ſerve for ever and ever. And ever grant this, O Eternal God, for his ſake who died for us, our bleſſed Lord and Saviour Jeſus Chriſt:

for

for I am not worthy to be called thine, make me as one of thy meaneſt Servants; the loweſt Room at thy Table is too good for me. Give my Sins thy Pardon, my Soul thy Grace, my Perſon and Service thy Acceptance in thy beloved, and convey his Merits to my Soul, and ſeal to me the Pardon of all my Sins in this preſent Sacrament I am now about to take. O Lord, hear from Heaven, ſeal and help me, inrol my name in the Book of Life, for thy Everlaſting Compaſſion ſake, to whom be rendered Praiſe World without end. *Amen.*

A Prayer just before the Sacrament.

O Eternal God Jesus, assist me by the Holy Spirit, to a right performance of those great Duties I am now about in the apprehending thee, in this thy Glorious Sacrament. O my Jesus, who saved me by thy Blood, in this Ordinance wherein thou are set forth Crucified, I behold thy Wounds, from whence by the hand of Faith I draw forth comfort, being made Partaker of thy Nature, who hast made thy self Partaker of our Human Nature, by taking upon thee our Flesh, and thou hast communicated unto me of thy Spirit in this thy Holy Sacrament: Therefore thou art my God,

in

in whom I truſt to make good my Right to the Covenant of Grace, by this Communion with thee, which can only bring me to that heavenly Inheritance that thou haſt purchaſed for me in thine own Blood. I do not truſt in my own Faith, but thy Faithfulneſs: O bleſſed Saviour, I truſt not in my own Repentance, but in thy Free Pardon; not in my own Preparation, but in thine Acceptance; in thee, and in thy Merit, Mercy and Free Grace, I only truſt. Let me not be diſappointed of my hope, nor deprived of the Bleſſing: I truſt in thee, by this Sacrament, which I am going to partake, that I ſhall be filled with all thoſe ſpiritual Graces I want. O let me not be ſent empty away, but behold me, Holy Jeſus, truſting after a full pardon of all my ſins: Cure all my ſpiritual Lameneſs, Ignorance, Blindneſs and Weakneſs to the performance of the Sacred Devotion of this Holy Sacrament, and breathe

breathe into my Soul the assurance of Salvation, by leading me in the way of Everlasting Life. I trust in thee as the Rock of my Strength; Thou, my God, hast promised, that whosoever relyeth on thee, shall not be confounded; be it unto me according to thy Word. *Amen.*

A Prayer before the Sacrament.

O Most merciful God, who hast in thy great Goodness prepared this spiritual Feast for sick and famished Souls, make my desires and gaspings after it, answerable to my needs of it. I have, with the Prodigal, wasted that Portion of Grace thou bestowedst upon me, and therefore do infinitely want a supply out of this Treasury: But, O Lord, how shall such a wretch as I, dare to approach this holy Table? I am a Dog, how shall I presume to take

take the Childrens Bread? or how shall this Manna, this food of Angels, be given to me, who have chosen to feed on Husks with Swine? Nay, to one that hath already so often trampled these precious things under foot, either carelesly neglecting, or unworthily receiving these holy Mysteries? O Lord, my horrible guiltiness makes me tremble to come, and yet makes me not dare to keep away: For where, O Lord, shall my polluted Soul be washed, if not in this Fountain which thou hast opened for sin and for uncleanness? Hither therefore I come, and thou hast promised that he that cometh to thee, thou wilt in no wise cast out. This is, O Lord, the Blood of the New Testament; grant me to receive it, that it may be to me for remission of sins; and though I have so often and so wretchedly broken my part of that Covenant, whereof this Sacrament is a seal; yet be thou graciously pleased to make good thine

to

to be merciful to my unrighteousness, and to remember my sins and my iniquities no more: And not only so but to put thy Laws into my Heart, and to write them in my mind; and by the power of thy Grace dispose my Soul to such a sincere and constant Obedience, that I may never again provoke thee. Lord, grant that in these holy Mysteries, I may not only commemorate, but effectually receive my blessed Saviour and all the benefits of his Passion. And to that end, give me such a preparation of Soul, as may qualifie me for it: Give me a deep sense of my sins and unworthiness, that being weary and heavy laden, I may be capable of his Refreshings; and by being suppled in my own Tears, I may be the fitter to be washed in his Blood. Raise up my dull and earthly mind from grovelling here below, and inspire it with a holy Zeal, that I may with spiritual Affection approach this spiritual Feast. And let, O Lord, that in-

infinite love of Christ, in dying for so wretched a Sinner, inflame my frozen benummed Soul, and kindle in me that Sacred Fire of love to him, and that so vehement, that no Waters may quench, no Floods drown it; such as may burn up all my dross, and not leave one unmortified Lust in my Soul: and such as may also extend it self to all whom thou hast given me command and example to love, even Enemies as well as Friends. Finally, O Lord, I beseech thee to cloath me in the Wedding-Garment, and make me (though of my self a most unworthy, yet by thy Mercy) an acceptable Guest at this Holy Table, that I may not eat nor drink my own Condemnation, but may have my Pardon sealed, my Weakness repaired, my Corruptions subdued, and my Soul so inseparably united to thee, that no Temptations may ever be able to dissolve the Union; but that being begun here in Grace, it may be consummated in Glory.

Grant

Grant this, O Lord, for thy dear Son's ſake, Jeſus Chriſt. *Amen.*

Another Prayer.

O Bleſſed Jeſus, who once offeredſt thy ſelf for me upon the Croſs, and now offereſt thy ſelf to me in the Sacrament, let not, I beſeech thee, my Impenitence and Unworthineſs fruſtrate theſe ſo ineſtimable Mercies to me, but qualifie me by this Grace to receive the full benefit of them. O Lord, I have abundant need of thee, but am ſo clogg'd with Guilt, ſo holden with the Cords of my Sins, that I am not able to move towards thee; O looſe me from the Bonds wherein Satan and my own Luſt have bound me, and draw me that I may run after thee. Lord, thou ſeeſt daily how eagerly I purſue the Paths that lead to Death; but when thou invi-

teſt me to Life and Glory, I turn my back, and forſake my own Mercy. How often has this Feaſt been prepared, and I have with frivolous excuſes abſented my ſelf; or if I have come, it hath been rather to defie than adore thee? I have brought ſuch Troops of thy perfect Enemies, unrepented Sins, along with me, as if I came not to commemorate, but to renew thy Paſſion, crucifying thee afreſh, and putting thee to open ſhame: And now of what puniſhment ſhall I be thought worthy, who have thus trampled under foot the Son of God, and counted the Blood of the Covenant an unholy thing? yet, O Merciful Jeſus, this Blood is my only refuge; O let this make my Atonement, or I periſh eternally. Wherefore didſt thou ſhed it, but to ſave Sinners? Neither can the Merit of it be overwhelmed either by the greatneſs, or number of my Sins. I am a Sinner, a great one, O let me find its ſaving

Efficacy.

Efficacy. Be merciful to me, O God, be merciful to me, for my Soul trusteth in thee, and in the clifts of thy Wounds, shall be my refuge, untill thy Fathers Indignation be overpast. O thou who hast as my High Priest Sacrificed for me, intercede for me also, and plead thy meritorious sufferings on my behalf, and suffer not, O my Redeemer, the price of thy Blood to be utterly lost. And grant, O Lord, that as the Sins I have to be forgiven are many, so I may love thee much. Lord, thou seest what faint, what cold affections I have towards thee; O warm and enliven them; and as in this Sacrament, that transcendent love of thine, in dying for me, is shed forth, so I beseech thee, let it convey such grace into me, as may enable me to make some returns of Love. O let this Divine Fire descend from Heaven into my Soul, and let my Sins be the Burnt-Offering for it to consume, that there may not any

corrupt affection, and curſed thing be harboured in my heart; that I may never again defile that place thou haſt choſen for thy Temple. Thou didſt, O Holy Jeſus, Redeem me from all Iniquity; O let me not again ſell my ſelf to work Wickedneſs, but grant that I may at this time approach thee with moſt ſincere and fixed Reſolutions of an entire Reformation; and let me receive ſuch Grace and Strength from thee, as may enable me faithfully to perform them. Lord, there are many old habitual Diſeaſes my Soul groans under, (*here mention thy prevailing Corruptions*) and though I lie never ſo long at the Pool of *Betheſda*, come never ſo often to thy Holy Table, yet unleſs thou wilt be pleaſed to put forth thy healing vertue, they will ſtill remain uncured. O Thou bleſſed Phyſician of Souls, heal me, and grant that I may now ſo touch thee, that every

every one of those loathsom Issues may immediately stench, that these sicknesses may be not unto Death, but unto the Glory of thy Mercy in pardoning, and to the Glory of thy Grace in purifying so polluted a Wretch: O Christ, hear me, and grant that I may now approach thee with such Humility, and Contrition, Love, Faith and Devotion, that thou mayest vouchsafe to come to me, and abide with me, communicating to me thy self, and all the Merits of thy Passion; and then, O Lord, let no accusations of Satan, or my own Conscience, amaze or distract me, but having peace with thee, let me also have peace with my self, that this Wine may make glad, this Bread of Life may strengthen my Heart, and enable me cheerfully to run the way of thy Commandments. Grant this, Merciful Saviour, for thine own bowels and compassion sake. *Amen.*

Before the Bread.

O Bleſſed Lord God, who haſt given us thine only Son to lay down his Life for our Sins, and his Fleſh for the Food and Nouriſhment of our Souls, purge and purifie my vile and ſinful Soul, that it may be a full habitation for his pure, precious and unſpotted Body, and that no unclean thing may preſume to enter where he hath been pleaſed to take up his Dwelling, from henceforth for ever. *Amen.*

Thou haſt ſaid, that he that eateth thy Fleſh and drinketh thy Blood, hath Eternal Life.

Behold the Servant of the Lord, be it unto me according to thy Word.

At the Receiving of the Bread.

BY thy Crucified Body, deliver me from this Body of Death.

After the Bread.

BLessed be thy Holy Name, O Lord my God, who hast vouchsafed to feed me with that holy Bread from Heaven, the Flesh of thy dear Son: Grant that in the strength of this food, I may walk before thee in Holiness and Righteousness all the days of my Life, till I come to the Mount of God, the Holy Hill, where thine Honour, and our Rest, dwelleth. *Amen.*

If you have time, use this following Meditation.

OH my Soul, behold how thou haſt incenſed the Majeſty of Heaven! See how he gives up the moſt innocent and moſt holy Jeſus, thy beſt and thy only Friend, and his own dear Son, to be trampled and tormented for thy ſins! Oh how cruelly was he ſcourged with Whips, wounded with Thorns, loaden with the Croſs, torn with Nails, pierced with a Spear, and racked on the moſt painful Inſtrument of Death! His lovely Face defiled with Blood and Spittle; His Ears filled with Taunts and Curſes; His Eyes drenched in Tears, for the Ruin of his Enemies; and his Soul amazed at the Terrors of the Divine Wrath; till at length all wounded, broken and bloody with many Groans, yet with admirable Patience he breathes out his holy Soul; and yet whatever he ſuffered was thy Portion: My Pleaſure hath been his Pain; my delicious Life hath

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caufed his bitter Death. Wretch that I am, to live in fuch a manner, that nothing elfe could fatisfie or make my Peace: But here I come this day to call my fins to remembrance: I will look on thee whom I have pierced, with a moft tender and fympathizing affection, and reflect, that as I break this Holy Bread with my Teeth, fo waft thou bruifed for our Iniquities, and our Offences did grind thee with Grief and Pain. Holy Saviour, I am angry at my felf, and full of anguifh to fee what I have brought upon thee: I am forry with all my heart, that I have given Harbour to thy Murderers; but I hope this moft difmal fpectacle fhall mortifie in me all defires after evil, and make me abhor all thefe defperate Pleafures, which muft fo much offend thee, which muft be cleanfed by thy moft precious Blood, or elfe ftand charged upon my account for ever. No, no, I will never crucifie ni theeaga

by

by renewing my Disobedience, for I have done too much already.

Before the Cup.

O Blessed Lord, who hast given the Blood of thine only Son to be shed for our sins, and to refresh and restore our weary gasping Souls; Cleanse and Sanctifie me, O Lord, that I may receive this Cup with a pure Heart, and not with polluted Lips, to the Eternal comfort and refreshment of my Soul. Methinks, O my Redeemer, while thou art pouring forth thy most precious Blood, thou mayest look upon me with a Countenance mixed with pity, and upbraiding, that I should take so little care to save this Soul, which thou hast bought at such a rate. Are not here represented those

Drops

Drops of Blood that have ſealed the Covenant of Peace, and confirmed all the Promiſes of the Goſpel? Why then am I not ſwallowed up with Admiration? Why do I not breathe and pant after it? I am not come to quench my bodily Thirſt, but to waſh my Soul in this Salutary Fountain. O how freely it flows! how perfectly it cures! Lord, let me taſte thereof; make it unto me the Blood of Jeſus, for it is that my Soul thirſteth after; and now after that powerful Word that halloweth it, let me not by evil Thoughts, or Unbelief, Malice or Impenitence, make it to my ſelf an unhallowed thing; but as thou haſt fitted it for the Myſtery, O fit me alſo to receive it. I cannot now have any low or common thoughts about it; I will by Faith eſteem it as my Saviour's Blood; and though I am unworthy of ſo Divine a Cordial, yet my Soul gaſpeth for it; without it I muſt die and periſh.

At

At the Receiving of the Cup.

O Let this Blood of thine purge my Conſcience from Dead Works to ſerve the living God. Lord if thou wilt, thou canſt make me clean : O touch me, and ſay, I will, be thou clean.

After the Cup.

BLeſſed be thy holy Name, O Lord my God, who haſt vouchſafed me to drink of this Fountain of living Water, of the precious Blood of thy dear Son. Grant that this holy

Cup

Cup may be an Antidote and Preſervative againſt all Sin and Evil, and may keep my Soul in health to the end of my days. Lord what is Man, that thou art thus mindful of him? or the Son of Man, that thou thus viſiteſt him? What is thy Servant, that thou ſhouldſt look upon ſuch a dead Dog as I am? The Dogs eat of the Crums which fall from their Maſters Table; but thou haſt fed me with the Bread of thine own Children, and given me to drink of thy own Cup; Thou haſt fed me in a Green Paſture, and led me forth beſides the Waters of Comfort. O taſte and ſee how gracious the Lord is! Bleſſed is the Man that truſteth in him. What reward ſhall I render unto the Lord, for all his benefits towards me? Lord, I offer up to thee my ſelf, my Soul and Body, all that I am and have, humbly beſeeching thee graciouſly to receive me for thy Servant, to dwell in thy Houſe, and to praiſe thy Name for

ever-

evermore. Thou art worthy, O Lord to receive Honor, and Glory, and Power, for thou haſt created all things, and for thy pleaſure they are and were created. Thou art worthy to take the Book, and open the Seals thereof, for thou waſt ſlain, and haſt redeemed us unto our God, and haſt made us Kings and Prieſts, and we ſhall all Reign with thee for ever. Salvation to our God, which ſitteth on the Throne, and to the Lamb. *Amen.*

Bleſſing, and Glory, and Wiſdom, and Thankſgiving, and Honour, and Power, and Might, be unto God for ever and ever, *&c.*

This

This Prayer at last, after having Received the Sacrament.

BLessed be thy Name, O Lord, in the great Mercy I have now received. O God, I desire with a fervent and inflam'd Affection of a grateful Heart, to return Thanks and praise unto thee, for this inestimable kindness thou hast this day vouchsafed me, by giving thy self unto me. Lord, as thou hast made me partaker of thy blessed Sacrament, feeding me with the Body and Blood of thy Son, what is there in Heaven, or on Earth of more Price or Excellency? What more certain sign and pledge of thy Grace can there be, than the precious Blood of thy

thy Son poured out for my ſins on the Altar of the Croſs, the very price of my Redemption thou beſtoweſt upon me, that I may have undeniable Teſtimony of thy love; by the effuſion of thy Blood ſatisfaction is made for my ſins, and by the drinking thereof the remiſſion of my ſins is confirmed unto me. Truth it ſelf has ſaid, *Whoſoever ſhall eat my Fleſh, and drink my Blood, hath Eternal Life, and I will raiſe him up at the laſt day.* Lord, ſet home upon my Heart the Mercy and Compaſſion of this thy Love unto my Soul, and graciouſly keep me from committing again thoſe ſins that I have this day vowed againſt. O Lord Jeſus, be pleaſed in Mercy ſo to accept of me, and ſo powerfully and graciouſly aſſiſt me, that I may ſavingly behold thee in thy bleſſed Promiſes, that I may happily enjoy thee in thy holy Ordinances; that I may clearly ſee, and joyfully confeſs, what great things thou haſt

done

done for my poor Soul; that I may be daily refreshed with Contemplation of thy exceeding Love, and hourly busied with recounting thy endless Praise. Lord, make me to forsake the sins and miseries of this Life; make me more watchful over my own Heart, more zealous of thy Glory and thy Childrens good, that I may never willingly offend thee; that so my heart and my self may triumphantly rejoyce in thee, the living Lord. Mortifie my Corruptions, support my Weakness, and accept my Willingness: Let this Humiliation before thee be a pleasing Sacrifice unto thee, for thy Sons sake, whose precious Life thy rich Mercy had sacrificed to thy Justice for me. Lord, hear me, and have Mercy on me; and grant, that not one good purpose, which thy Spirit hath raised in me this day, may vanish, but that I may bring forth Fruit into Life Eternal. Grant this, O merciful Father, for Jesus Christ his sake, *Amen.*

After having Received.

O Bleſſed Lord Jeſus, I humbly beg by all thy moſt Sacred Sufferings of thy bitter Death, and moſt precious Blood ſhed for me, and by all foretold of thee, and fulfilled by thee, that thou wilt in great Mercy vouchſafe to deliver me, a ſordid Sinner, from all my Tribulations aud Diſtreſſes, from the Snares of the Devil, from the Bond and Chains of my Sins, and from all Evils both of Soul and Body. Good Lord, ſave, deliver and defend me from all wicked Imaginations and Actions, by vouchſafing ſo to diſpoſe and order the whole Tranſactions of my Life, that they may be acceptable unto thee. Oh may that precious Blood which

which flowed from the ſacred ſide of my bleſſed Saviour, waſh off the pollutions of my ſinful Soul, and ſoften the hardneſs, moiſten the drineſs, and make fertile the barren Ground of my Heart, to be capable of the great benefits my dear Saviour and Redeemer hath purchaſed with his Blood. Oh how weak, how imperfect are my Graces! I ſee and know but in part; Oh how many Temptations and difficulties aſſault me in my beſt performances, which make all I can do far unworthy of thine acceptance. I renounce all things of myſelf, relying wholly and ſolely on the all-ſufficient Merit of my Lord and Saviour Jeſus Chriſt, for to convey the power and vertue of his Death into my Soul, which will fill me with thy All-ſufficient grace and holy peace to preſevere in all Righteouſneſs, and Purity of Life, as becomes thoſe that have vowed themſelves to thy Service in this preſent Sacrament, I have now received. Oh remem-

ber not my ſins, either for Nature, Number, Extent, or what degree ſoever I have offended thee in. O give victory to my languiſhing Soul in her ſpiritual Conflicts, by guiding me with thy Counſels; ſuſtaining me with thy grace, refreſhing me with thy comforts, preſerving me in thy Love, and crowning me with thy Glory, as thou haſt promiſed to thoſe that diligently ſeek thee: Be it unto me according to thy Word; and Eternal Praiſe be given unto thy Holy Name, Oh bleſſed Saviour and God eternal, World without end. *Amen.*

A

A Meditation by way of Prayer after the Sacrament.

AWake, awake, O my Soul, and bless the Lord, who daily keeps his Goodness upon thee: Bless God, that makes the sweet dew of his Clemency continually to drop on thee. All that is within me, bless the Saviour of the World, who hath so loved us, as to wash away our Sins in his own Blood; the Lamb that sits on his Throne to judge thy Deportment. O great God, with what contentment ought I to cast my self at thy Feet, who am so happy, as to be admitted to approach thy Holy Table! It is thou, my God, that hath broken in pieces the wiles of

the Devil, giving me victory over Sin, and his Temptations by Heavenly succor against his fierce assaults, and the evil inclinations of my Nature; which would induce me to the cruel slavery of Sin and Death; but, my God, by thy singular Mercy, I am drawn from the Jaws of Satan, make me now to Triumph in thy Power far above all his Temptations, teaching me to say with *Simeon, let thy Servant now depart in peace* from thy Altar *for my eyes have seen thy Salvation*; for this I render unto thee all possible Praise, and glorifie thy Name according to thy due, though it is not in humane Nature to express. Thou art above all acknowledgments, but with Millions of Sacrifices and Praises, I truly lie at thy Feet, to embrace them with Hearty Repentance for all which is past and done amiss in this my weak performance, earnestly desiring to live up to those unfathomed Mercies, I have received even now, in the percepti-

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on of this Sacrament, wherein thou haſt cleanſed me from my Sins, and waſhed away all my offences. 'Tis thou that haſt made me approach thy Holy Table, and by it to participate of thy Merits; there is nothing more after this Sacrament, but to be united to thy Glory, for whom thou haſt died, to purchaſe Eternal Life. Make me, Lord, to be attentive to thy Word preached, and careful that it may be as ſeed ſowed in good Ground, to bring forth Fruit into Eternal bleſſedneſs. Let this Divine Light of the Goſpel, which hath been declared in thy Church, ſince our Saviour's time unto this day, diſſipate the Darkneſs of my imperfect underſtanding, and fill my apprehenſion with a perpetual memory of the Bounty of thy powerful Divinity. Direct my ſteps in thy Laws, and let my mouth ſet forth thy praiſe. Raiſe, Lord, my Soul by Ardent Devotion in ſtedfaſt thoughts of Celeſtial things, guiding me as one whoſe

Name is in the Book of Life, bought with the Blood of the immaculate Saviour. O unite my ſpirit unto thee, by continual Meditations of Heavenly things and Felicity, which will keep me from ever turning to the Vanity of this corrupted Earth. O Lord, let the inſpirations of thy holy Spirit have its powerful effects upon my Soul, by giving me ſtrength to reſiſt all Temptations, to overcome all Vice, that ſo I may for ever live a Life of Grace here to thy Honour and Glory. What can be done leſs on our part than to live daily in a perfect reſignation of ourſelves, Souls and Bodies at thy ſervice? This imployment ſuits beſt with thoſe that have vowed their obedience to the Command of the Lord, whoſe purchaſe we are, and at no leſs a price than the ſhedding of his Hearts-Blood, with which his Life expired. Oh can I think on this unparallelled Love, and not be in an extacy of Love for thee again! Oh bleſſed Je-

ſus,

ſus, breathe into my Soul the gift of thy holy Spirit, that may fill me with Divine Grace, which doth inceſſantly diſtill on thoſe that have given up their Names to Chriſt Jeſus, as the only object of their Hearts Joy. O ſee the Sacrifice he is become for us, by embracing Death to gain us Eternal Life: Admire his Mercy, adore his Divinity, and attend with unſpeakable rejoycings the day of this Tranſaction, to dwell for ever with the bleſſed Trinity, the only foundation of our Salvation, by the Holy Unity of three Perſons. Up now, my Soul, and ſatiate thy ſelf with the Contemplation of thy Saviours Love, who hath called thee to Communicate of his Body and Blood, the only Cure for thy ſick Soul, and Means capable to blot out all thy Crimes, Sins, and Offences; ſhew thy real ſenſe of theſe inexpreſſible Mercies by a perpetual Conformity to the Will of thy bleſſed Saviour in thy whole Life to come, making

his

his Commands thy delight, his Service thy daily imployment, so that every action may manifest 'tis not in vain that thou hast drawn near this day to the Table of the Lord, who hath met you in compassion, and will still support you with his grace here, till he doth consummate thy perfect Happiness with himself in Eternal Glory hereafter, in this Heavenly Kingdom. *Amen.*

A Thankſgiving after Receiving.

O Thou Fountain of all Goodneſs, from whom every good and perfect Gift cometh, and to whom all Honour and Glory ſhould be returned; I deſire with all the moſt fervent and inflamed Affections of a grateful Heart, to bleſs and praiſe thee for thoſe ineſtimable Mercies thou haſt vouchſafed unto me. Lord, what is Man that thou ſhouldſt ſo regard him, as to ſend thy beloved Son to ſuffer ſuch bitter things for him? But, Lord, what am I, thy moſt ſinful Creature, that I ſhould have any part in this Atonement, who have ſo often been wretchedly ungrateful for his Sufferings? O the heighth and depth of this

this Mercy of thine! that art pleased to admit me to the renewing of that Covenant with thee. which I have so often and perversely broken; that I, who am not worthy of that daily Bread which sustains the Body, should be made partaker of this Bread of Life, which nourishes the Soul; and that the God of all Purity should vouchsafe to unite himself to so polluted a Wretch? O my God, suffer me no more, I beseech thee, to turn thy Grace into Wantonness, to make thy Mercy an occasion of Security; but let this unspeakable Love of thine constrain me to Obedience; that since my blessed Lord died for me, I may no longer live unto my self, but unto thee, O Lord. I know there is no Concord between Jesus Christ and *Belial*; therefore now, since he hath been pleased to enter my Heart, O let me never permit any Lust to chase him thence, but let him that hath so dearly bought me, still keep possession

ſeſſion of me, and let nothing ever take me out of his Hand. To this end, be thou graciouſly pleaſed to watch over me, and defend me from all aſſaults of my ſpiritual Enemies; but eſpecially deliver me from myſelf, from the treachery of my own Heart, which is too willing to yield itſelf a pray; and where thou ſeeſt I am either by Nature or Cuſtom moſt weak, there do thou, I beſeech thee, magnifie thy Power in my Preſervation. (*Here mention thy moſt dangerous Temptations.*) And, Lord, let my Saviour's Sufferings for my ſins, give me courage to ſhed my Blood to bear witneſs to the Truth, if ever thou calleſt me to ſuch a Tryal, by which thoſe holy Symbols have paſſed. Grant me to find new Deſires, and new Hopes: Grant I may be renewed in my Spirit, and my Affections refined and purified: O fit my Soul with ſuch a holy Vigor, that through thy Mercy I may accompliſh all my Reſolutions. *Amen.*

O

O Bleſſed Jeſus, I have vowed my ſelf thine, but yet ſtand in fear and expectation of the moſt furious Aſſaults, which will be made upon me by the Enemy, from whom I have withdrawn. And, alas! I have too often returned again to Folly. But if thou pleaſeſt to plant thy Grace within me, and ſend thy Bleſſing upon me, I fear not his Policy, nor Power. I have received that heavenly Food, which is the Means to convey this Grace; and I know that by this Cœleſtial Remedy, many of thy Servants have been dreadful to the Powers of Darkneſs, and thou didſt never caſt off any humble Soul. O bleſs then this Life-giving Myſtery in every one of us, that we may find ſuch power and ſtrength, ſuch courage and reſolution flowing from thence, that we may all ſtand firm to the Purpoſes which we have made in this holy Sacrament. We are now thy Servants; and O what

Quiet

Quiet and Comfort, what Safety and Joy, what Honour and Pleasure have we under so gracious a Lord? How happy shall I be, in enjoying a freedom from anger, *&c.* O mark us all for thine own, and deny us not that Grace which is necessary for us to make thee ours, and us to be thine: If we feel not some effects thereof, we shall tremble fot fear lest thou hast rejected us, and our Oblations; but who did ever seek thee, and did not find? Who ever trusted in thee, and was forsaken? We are sure that in thee all fulness of Grace doth dwell; O let it now overflow, that of thy fulness we may all receive, so shall we daily, and always perform our Vows. *Amen.*

O Thou all-seeing and most holy Lord God, I have beheld the efficacious and all-saving Sacrifice which thy Son hath offered for us: I have remembered it, and blessed thy Name for it as much as I was able, though

though not so highly as I ought for the benefits thereof are inestimable: O let them not all be lost to us for want of Faith to believe and receive them. There is no want of Merit in Jesus to deserve, no want of Mercy in thee to bestow Remission: O let there not want in us, or in any of those for whom Christ died, Grace to accept this Pardon! Behold, Lord, how we struggle under a Load of Guilt; but though a troubled Conscience perplex us, though our remaining Corruptions oppose us, and though the decay of our Graces doth deject us, yet lo! here is an effectual Remedy for all those Miseries: Help us every one, I humbly beseech thee, so to apply it, that we, and our Brethren, whom we love as our selves, may find a blessed Cure. Who was ever reconciled to thee, but by Jesus! Or who ever was so much thine Enemy, but this Sacrifice had made his Peace? And shall it be ineffectual always only to us?

us? Dear Father, let us find the Efficacy thereof in ourſelves, and diſcern the Fruits thereof in all the Members of thy Church; ſo ſhall we be engaged to praiſe thee more and more for thy great Salvation, through Jeſus Chriſt. *Amen.*

A Prayer of Interceſſion.

O Moſt gracious Lord, who haſt ſo tenderly loved Mankind, that thou gaveſt thy dear Son out of thy Boſom, to be a propitiation for the ſins of the World; Grant that the effect of this Redemption may be as univerſal as the deſign of it, that it may be to the Salvation of all. O let no perſon by impenitence and wilful ſin forfeit his part in it, but by the power of thy Grace,

bring all, even the most obstinate sinners, to Repentance. Enlighten all that sit in Darkness, all *Jews*: *Turks*, Infidels and Hereticks; take from them all blindness, and contempt of thy Word; and so fetch them home, blessed Lord, to thy Fold, that they may be saved among the Number of the true *Israelites*: And for all those, upon whom the Name of thy Son is called, grant, O Lord, that their Conversation may be such as becometh the Gospel of Christ; that his Name may be no longer blasphemed among the Heathens. O blessed Lord, how long shall *Christendom* continue the vilest part of the World, a Sink of those abominable Pollutions, which even *Barbarians* detest? O let not our Profession and our Practice be always at so wide a distance! Let not the Disciples of the holy and immaculate Jesus, be of all others most profane and impure: Let, not the Subjects of the Prince of Peace, of all

others be most contentious and bloody; but make us Christians in Deed as well as in Name, that we may walk worthy of that holy Vocation wherewith we are called; and may all with one Mind and one Mouth glorifie thee the Father of our Lord Jesus Christ. Have Mercy on this Church; look down upon it from Heaven, the Habitation of thy Holiness, and of thy Glory; Pour forth thy Mercies upon it, though our Backslidings are many. Bless them that wait at thine Altar; open thou their Lips, that their Mouths may shew forth thy Praise. O thou Father of Mercy, and God of all Comfort, succor and relieve all that are in any Affliction; deliver the Out-casts and Poor; help them to Right that suffer Wrong: Let the sorrowful sighings of the Prisoners come before thee; and according to thy Power and Mercy preserve those that are appointed to die. Grant ease to those that are in

pain ſupplies to thoſe that ſuffer want. Give to all preſumptuous Sinners a ſence of their Sins; and grant to us all thy Spirit, that ſo we may be admitted into that place of Purity, where no unclean thing can enter, there to ſing Eternal Praiſes to Father, Son, and Holy Ghoſt for ever. *Amen, Amen.*

O Moſt Holy Lord God, I have been admitted to make an Oblation of my Praiſes and my ſelf to thee; and I am infinitely concerned leſt my Wretchedneſs ſhould make my Sacrifice an abomination. I am aſhamed that I am no fitter; I lament that I ſhould bring ſo many Defilements, where the Purity of an Angel is ſcarce ſufficient: But I take Sanctuary in thy moſt obliging Condeſcenſions; and becauſe I am ſo unworthy, I will endeavour to eſteem my ſelf as vile, as I really am in thy ſight. O do not look upon the deſerts of a wretched Sinner, but re-

remember thine own Mercies; ſo ſhall thy Favour be more illuſtrious, becauſe it is beſtowed upon ſo wretched a Sinner; and the ſence of my unworthineſs ſhall enlarge my thankfulneſs, and make me praiſe thee more: O grant me thy acceptance, for the ſake of the crucified Jeſus. *Amen.*

WHen I compare thy Acts with mine, holy Jeſus, I am exceedingly aſhamed to behold ſo vaſt a diſproportion. Thou giveſt me thy Merits and thy Graces, thy Life and thy Love at preſent, and haſt promiſed me thy Kingdom in Reverſion, and I have ſcarce returned this with the entire Devotion of one half hour. Oh how little is my obdurate Heart afflicted with the ſence of my own Guilt, the fears of the Divine Juſtice, or the Apprehenſion of thy Suffering? Yet, Lord, I do deſire and endeavour to praiſe thee, ſo that I hope thou wilt conſider my Infir-

mities with much Compaſſion, and meaſure my ſervice not by the exactneſs of the Performances, but by the ſincerity of my wiſhes; ſo that I may, through thy Mercies, be accepted by the Heavenly Father, and by the Mercy of that acceptance, be obliged to praiſe thee, holy Saviour, for ever. *Amen.*

An Act of Oblation of Ourſelves.

O Moſt Merciful Lord God, I am amazed at the mighty Favours ſhewed unto me, a ſinful wretched Creature: I cannot but acknowledge thy Goodneſs, although I can make no Retributions: But it is not mine, O Lord, but me thou ſeekeſt, ſinful and miſerable though I am; and yet am I that purchaſe

for

for which JESUS hath left his Glory, and laid down his life; and suffered many and great things for me. O marvellous Condescension! I am nothing, I am nothing; I am void of all good, full of evil, and deserving thy wrath; so that I abhor my self; and canst thou delight in me? Be it so then, for I will dispute no more with unsearchable Mercy: I believe, O God, and wonder I can no more resist thy Condescending and All-mighty Love: I will with all the Joy imaginable give my self up intirely to thee, who hast lately restored me to thy self. Alas! I have been a Prisoner to Satan, a Slave to Sin, and marked out for destruction, but thou hast procured my Pardon, Liberty, and Life, requiring no more for so unexpressible Bounty, but only that I will intirely become thine; I do freely surrender my self to thee, both Soul and Body, avowing that I would be no more my own, but thy servant in all

things, my underſtanding ſhall enquire after thee, that I may always perform my vows, and never rob thee of that which I have dedicated to thee in the ſincerity of my Soul. I have ſworn and am ſtedfaſtly purpoſed to keep thy righteous Judgments; I am thine, O ſave me, for thy Mercies and for thy Son Chriſt Jeſus ſake. *Amen.*

An

An Act of Acknowledgment.

THere are many, O Lord, who are most importunate to obtain thy Favour, and unquiet till they receive some Testimonies thereof; and yet when their desires are granted, they are unmoved, and ungrateful; but I will endeavour to praise thee as heartily for these manifestations of thy Love, as I desired them fervently: I acknowledge therefore, that I am full of wonder, to find my self honoured with the highest Priviledges, and remarked with the most illustrious signals of thy Love. I begged the Mercy of gathering up the Crums under the Table, and behold thou hast placed me among thy Children: I was far from deserving this Honor, but I will rejoyce in it, and

and bless thy Name for it, because it hath revived my hope, and cheered my drooping Soul, and I am perswaded that this fresh Testimony of thy Favour will engage me to love thee with an unalterable affection; there was nothing that I desire in comparison of thy Love; nor could I have wished a more certain Pledge of it, than thy Son, and my Saviour. Welcom art thou to me, O my Redeemer, for thy own sake; and welcom as thou art the Evidence of thy Heavenly Fathers Love to me, a miserable Sinner. I will acknowledge it at present, as much as I am able, and my whole Life hereafter shall shew, how deep a sense I have of this inestimable Goodness; and when my Life doth fail, it shall be the subject of my Hallelujahs. *Amen.*

After

After the Sacrament.

ALmighty God, the Fountain of all Goodneſs, from whom all good and perfect Gifts do proceed, and to whom all Glory and Honor ſhould be returned, I do deſire moſt Heartily to thank thee, for that thou haſt vouchſafed to feed me with the ſpiritual food of the Body and Blood of thy Son our Saviour Jeſus Chriſt, and doſt aſſure me thereby of thy Favour and Goodneſs towards me, and that I am a very Member incorporate in the Myſtical Body of thy Son, which is the bleſſed company of all faithful People, and am alſo an heir through Hope of thine Everlaſting Kingdom, by the Merits of the moſt precious Death and Paſſion of thy

dear

dear Son; O the height and depth of that unſpeakable Mercy of thine who art pleaſed to admit me, a ſinful Wretch, to have any part in thoſe ineſtimable benefits, which I have ſo often diſpiſed, and trampled under foot! I am not worthy, O Lord, of that daily Bread which ſuſtains the Body, but thou haſt made me partaker of that living Bread, which came down from Heaven, which nouriſheth the Soul, and of which whoſoever eateth, ſhall live for ever. O grant, that my Soul may reliſh this Divine Food with Spiritual Raviſhment and Love, and may be heated with the flame of Cherubims; and grant, that what thou haſt given me for the Remiſſion of my Sins, may not by any fault become the increaſe of them, that this holy Communion prove not unto me unto Judgment and Condemnation, but may ſupport and preſerve me, in every temptation, rejoyce and quiet me in every trouble, comfort and defend me in

the

the Hour of my Death, against all oppositions of the Spirit of Darkness, and further me in the attainment of Everlasting Salvation, through Jesus Christ. *Amen.*

After the Sacrament.

MOst Holy God, who art of purer Eyes than to behold Iniquity, grant I pray thee, that no unclean thing may be harboured in me, who have received thee into my Heart and Soul, but let this blood of Christ (who through the Eternal Spirit offered himself without spot to the purging of the Conscience from Deads Works, to serve thee the living God) give me grace, that from henceforth I put off, concerning my former Conversation, the Old Man, which is corrupt according to the deceitful lusts, and be renewed in the

Spirit

Spirit of my mind, and put on the new Man, which after thee is created in Righteouſneſs and true Holineſs. To which purpoſe, be pleaſed to watch over me for good, to keep me both outwardly in my Body, and inwardly in my Soul. O God, thou ſeeſt I have no power of my ſelf, to help my ſelf; thou knoweſt me alſo to be ſet in the midſt of ſo many and great dangers, that, by reaſon of the frailty of my Nature, I cannot always ſtand upright. Grant to me ſuch ſtrength and protection, as may ſupport me in all dangers, and carry me through all Temptations, through Jeſus Chriſt our Lord. *Amen.*

O Thou with whom is no variableneſs, nor ſhadow of change, let thy Holy Spirit direct me in all things; let thy Grace always prevent and follow me, and preſerve me from all aſſaults of Spiritual Enemies, eſpecially of my own treacherous Heart, which is deceitful above all things, wicked, deſperately wicked: O Lord, thou knoweſt it, how often hath it betray'd me to the breach of thy holy Laws, to the Violation of all the Vows and Promiſes which I have made to thee? How often have I turned back in the day of Battle? O let me no more thus ſtart aſide like a broken Bow, but be ſtedfaſt, unmoveable, always abounding in the work of the Lord, reſiſting the Devil that he may flee from me, ſubduing my Fleſh, and bringing it into ſubjection, Crucifying and overcoming the World, and therefore let thoſe ſolemn Vows which I have made to leave off my

Sins:

Sins, never depart from my mind; but let the remembrance of them excite me to fight manfully under thy Banner, and continue thy faithful Servant and Soldier unto my lives end. *Amen.*

O Lord, I do here humbly present unto thee my Soul and Body, to be a Living, Holy and Reasonable Sacrifice unto thee; I beseech thee Sanctifie my Body, that from a polluted Dung-hill, it may become the Temple of God; sanctifie my Soul, and accept it for thy dwelling Place, the Seat of thy Spirit, and House of Prayer, and Holy Meditation; sanctifie me throughout, that both my Body, and Soul and Spirit, may be preserved blameless unto the coming of our Lord Jesus Christ: to whom with Thee, and the Holy Ghost, be all Honor and Glory, World without end, *Amen.*

FINIS.

O Saviour! Gentle as the
Spirit that in the shape of
a Dove lighted on thy Sacred
Head

When ye Solemnity begins, & thou art bid to draw near & take ye holy Sacrament, say,

Alas how poor, dull & empty am I! O Lord how infinitely unworthy so divine a Sacrament! In my best attire O Lord, I am so ragged that I am even ashamed to see my self: Well may I then with shame & blushing come into ye presence of holy Angels, & much rather be abasht to appear before ye purer Eyes of thy infinite Glory. What is man O Lord, that thou art thus mindfull of him! What am I, ye unworthiest of men, that thou shouldst invite me! O thy kindness is too much for man to receive, tis infinitely more than ye mean Creature can deserve; but tis a kindness suitable to a God to bestow whose goodness like himself is infinite. It is in Obedience Great Lord to thy Command, that I now present my self before thee: and in a due acknowledgment of thy faithfulness I come to partake of thy Blessings.

When thou hearest ye words of Consecration pronounced, say.

I believe O Eternal Son of God thou didst take our nature into a personal Union with thy self; Thou didst take it in all its essential parts, but free from all our sinfull infirmities: I believe thy soul was made an offering for sin, & that offering was accepted of the Father thy sacrifice made a full propitiation & therefore are we permitted to eat of it. and seeing ye body & blood of our Crucified Redeemer I cannot question the love of ye Father to Mankind. God ye Son I see is willing that many should be partakers in his Death since he has instituted this Blessed Sacrament & invites all men to it. With Angels then & Archangels, & all ye glorious Host of Heaven, I praise & ~~adore~~ the Lord of God ye Father & God ye Son. I praise & adore ye ever Blessed Trinity, for ye Redemption of the World by our Lord Jesus Christ: and I come O Saviour to take & eat thy body wch was broken for me;

I come joyfully to drink that Cup which is ye New Testament in thy Blood, which Blood thou hast shed for ye remission of sins of many. and invited all believing souls to partake of. I desire, I long to partake of this my necessary food. I desire I long to receive these incomparable dainties, as the Hart pants after ye Water brooks so thirsteth my soul after thee O Christ. I will open my mouth wide. O Lord, for thy fullness can satisfie my largest desires.

~~When they eat the bread broken & ye consecrated wine aparck from it. say Remember thy suffering crucified~~

When thou seest the holy
bread broken, & ye consecrated
Wine apart from it, say:

I remember thy Sufferings
O crucified Love, & that
bitter passion which ended
in Death it self. I call to
mind how thy Blessed body
was Scourg'd & bruised! ~~How~~
How thy Sacred Head was
prickt with ye sharp thorns
How thy hands which had
wrought many a kind-
Miracle was bored through
& torn with great Nails!
How thy Feet wch had carryed
thee about to do good, were
now by ungratefull men nailed
to ye Crosse! How thy tender
heart was pierc'd by the-
Souldiers Spear, & at these
wounds thy Blood & thy Life

forsook Thee. I must grieve and
I must love, O thou great Martyr
of Love; when I consider all
this was undergone for me. I must
needs detest my self & abhor my
sins, when I consider thou was
made a curse for me. my
numerous sins increas'd thy
heavy load; My sins were some
of ye crueltiest causes of thy
bitter Death. With a broken and
contrite Heart, I deeply lament
my past transgressions; and
resolve that from henceforth
every sin shall be very odious
to me: I resolve to fight
against it with all possible care
& industry: & will not allow
any known sin to be guilt in
me

When ye Bread & Wine are
by Christs Ministers given to
thee, say:

These Lord are thy
instruments of conveyance
and they make over to me the

Blessings of ye New Covenant
Welcome dear Signs of my
Saviours presence
Welcome sure pledges
of his Love, & of my
happiness. Open ye
everlasting Doors of my
heart, & let this King
of Glory come in.
Welcome Dear Lord to my
poor Soul & sit thou
as Soverei[illegible] of my heart
I shall be very happy under
thy dominion, & very safe
under thy protection. My
beloved is mine & I am
his, I will live to my Love
that dyed for me.

Conclude ye Solemnity
with hearty Joy and
thankfullness & Say;

What shall I render unto
the Lord for all his benefits
O matchless Love of God
to a poor Sinner! o Love
beyond degree! o Love
that passes knowledge!
I can never sufficiently
show my self gratefull:
yet bless the Lord O my
Soul and all that is within
me praise his holy Name.
Praise him who graciously
forgiveth all thy Sins and
Justifies thee freely by
his Grace. Praise him who
healeth all thy diseases
Study to make a liberal
return to thy Lord as thou
canst for thy Lord has dealt
very bountifully with thee.

at last of all

O Lord pardon my wandring
Coldness, indifference, and
worser thoughts during
this whole performance
& I beseech the to preserve
in me a lively sence of
thy infinate Mercies
shewn to man in Christ
Jesus, & that I may go
home more & more confirmed
in Virtue & holy ~ ~
Resolutions, & abide in
thy favour unto my
lives end.

A Short Prayer when the Communion Service is ended

Pardon, O God, all those imperfections that have accompanied me at this time, in my Attendance at thy Altar; forgive the Deadness and Dullness of my Affections, the Wandrings of my Thoughts, and the Distractions of my Mind.

Let the Sincerity of my holy Purposes and Resolutions be accepted, notwithstanding my Weakness and Frailty.

Oh! let this Commemoration of my crucified Saviour influence all my Thoughts, Words, & Actions, that my Conversation may be as becometh the Gospel of Christ

Reward me not according to my Deserts, but according to my great Necessities, and thy own rich Mercy in Jesus Christ; to whom, with thee, O God the Father, and God the Holy Ghost, be all Honour & Glory, World without End. Amen.

I desire O Lord to be rightly
affected towards thee & thy
glory: I desire to come to thee
but alas how weakly: how —
heartlesly: Thou knowest that
I can neither come to thee nor
desire to come but from thee.
It is Nature that holds me
from thee; this treacherous
Nature favours it self, loves
the world, hates to think of
a dissolution, chuses rather
to dwell in this dungeon with
continual sorrow & complaint
than to endure a parting tho
to liberty and joy. O Las Lord
it is my misery that I love
my pain. How long shall these
vanities thus besot me? It is
thou only that canst turn away
mine eyes from regard these
follies & my heart from affection
them thou only who as thou shalt one
day receive my soul into heaven so now
before hand canst fix my soul upon
heaven & thee